

# CGC requirements to fly club gliders as a cross-country coach.

## 29/01/2025

**Cross Country** is defined as a flight outside of gliding range of the airfield.

### Qualifications

- Have over 100 hours logged as cross country flying.
- Have flown a 300km task at over 70Kph (not handicapped) within the last 2 years.
- Have experience of field landings.
- At least 3 flights on type in the seat being flown in the last 90 days.
- P2 must have at least a Bronze.
- Authorisation by the CFI.
- Permission from the DI on the day of the flight.

### Notes:

- The coach should be familiar with the navigation instruments being used.
- A pre-flight briefing including Notams, airspace, weather, instrument configuration and map marking must be given to the P2.
- Ensure that adequate refreshments (water, food etc) are carried.
- Ensure that P2 has a hat, suncream and sunglasses (if required).
- Ensure provision for personal relief is available.
- Ensure sick bags are available.
- Ensure that the trailer is serviceable. a retrieve crew is organised and mobile numbers are noted.
- The Coach should be familiar with rigging and de-rigging the aircraft flown.
- The coach should be familiar with task/competition rules regarding starts, TP sectors and finishes and should be able to brief the P2.
- The Coach should ensure that the cross-country log is completed.